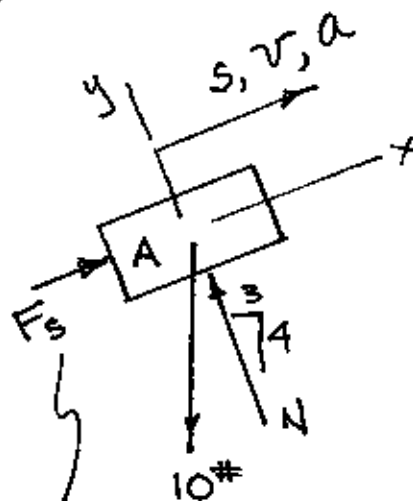
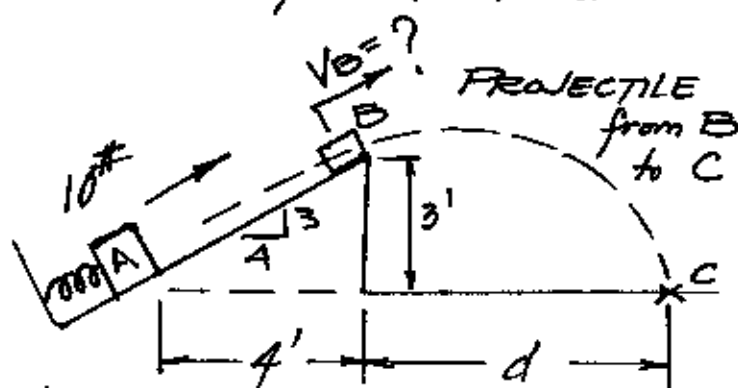


WORK is using FORCE to move a mass a specified distance.



$k = \frac{100 \text{ lb}}{\text{ft}} = \text{SPRING CONSTANT} = \frac{\Delta F}{\Delta s}$

$F_s = kx = \left(\frac{100 \text{ lb}}{\text{ft}}\right)(2 \text{ ft}) = 200 \text{ lb.}$

DERIVED from NEWTON $\Sigma F_{\text{on mass } x} = m\ddot{x}$
 $+ kx = m\ddot{x} = m \frac{dv}{dt} = m \frac{v dv}{dx}$

G. Milano

$\int kx dx = \int m v dv$

$\frac{1}{2} kx^2 = \frac{1}{2} m v^2 = \text{KE for SPRING.}$

$PE = (mgh) \Rightarrow 3' \text{ below pt. B} \therefore (10 \text{ lb})(3') = 30 \text{ ft. lb.}$

$KE_{\text{SPRING}} = \frac{1}{2} \left(\frac{100 \text{ lb}}{\text{ft}}\right)(2 \text{ ft})^2 = 200 \text{ lb. ft.}$

$KE_{\text{mass}} = \frac{1}{2} m V_B^2 = \frac{1}{2} \frac{10 \text{ lb}}{32.2} V_B^2 = ?$

$-30 \text{ ft. lb.} = \frac{5}{32.2} V_B^2 - 200 \text{ ft. lb.} \therefore V_B = 33.09 \frac{\text{ft}}{\text{s}}$

NOW ANALYZE THE PROJECTILE from pt. B.

HORIZONTAL

$x = x_0 + v_0 t$
 $d = 0 + \frac{4}{5}(33.09)t$

VERTICAL

$y = y_0 + v_0 t + \frac{1}{2} a t^2$
 $-3' = 0 + \frac{3}{5}(33.09)t - \frac{32.2}{2} t^2$

$t^2 - 1.233t - 0.186 = 0$
 $\frac{-(-1.233) \pm \sqrt{(1.233)^2 - 4(-.186)}}{2}$

$t = 1.369 \text{ s.}$

$\therefore d = 36.22 \text{ ft}$